



# LEARN TO SWIM

## Junior Swim Team 2023 Schedule

Ages: 5 - 10

Swimmer must be able to swim the length of the pool. They will be working on strokes, turns, starts, and endurance. Not ready for Swim Team

## Advanced Junior Swim Team

Ages 10 - 15

Just don't want to be on swim team but would still like to swim. This Advanced program works more on endurance by more lap swimming, drills to make sure you are getting the most out of your stroke alone with starts and turns

## Spring 2023

Creekwood Pool - Heated: 3383 S. Panther Creek Drive, The Woodlands, Texas 77380

February 4 - March 4

Times: 9:15-9:45 a.m.

Saturdays

Session 1

March 25 - April 22

Session 2

## Summer 2023

Creekwood Pool: 3383 S. Panther Creek Drive, The Woodlands, Texas 77380

June 5 - July 21

Time: 7:30-8 p.m.

M, T, W, F

Lakeside Pool: 5001 W. Alden Bridge Drive, The Woodlands, Texas 77382

June 5 - July 20

Times: 6-6:30 p.m.

M - TH

Shadowbend Pool: 4192 Lake Woodlands, The Woodlands, Texas 77381

June 5 - July 20

Times 8-8:30 a.m. or 8:30-9 a.m. or 6-6:30 p.m.

M- TH

## Fall 2023

Creekwood Pool - Heated: 3383 S. Panther Creek Drive, The Woodlands, Texas 77380

September 9 - Oct 28

Times: 9:30 - 10 a.m.

Saturdays

### REGISTER NOW!

The Woodlands Township Recreation Center

- Bear Branch: 5310 Research Forest Drive, The Woodlands, Texas 77381 / 281-210-3950
- Rob Fleming: 6464 Creekside Forest Drive, The Woodlands, Texas 77389 / 281-516-7348
- [www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov)